



Youth Enrichment

Brick By Brick Maine Lego Mystical Creatures!

NEW!

Grades K-3

Join us as we wonder and learn about mythical creatures. We will build a scary fire-breathing dragon, a lucky leprechaun, and an out-of-this-world alien. Class begins with a short lesson specific to the theme, followed by students building their own Lego creation of the week. Once complete, students can free build with a huge assortment of Lego bricks!

Fridays, Oct. 4 - Dec. 6
(8 weeks; No class 10/11 or 11/29)
MIW Art Room
Fee: \$96

“Little Stars” Creative Drama

Instructor: Jennifer Gifford

Grades K-3

A drama class focused on FUN! Come build creative thinking, confidence, self-esteem, speaking and acting skills through movement, improv, voice and characters! This creative journey will include dramatic play, story enactment, imagination, exploration, theatre games, music dance and more!

Fridays, Oct. 11 - Nov. 1
Wilson MPR, 3:15 – 4:15pm
Fee: \$60/\$70 Non-Resident

Sew Wicked Fun

Grades 4-5

Learn basic sewing skills while making fun projects! We will both hand stitch and machine stitch a variety of projects that may include pillows, treasure bags, bean bag games, and more. Explore the art of sewing from choosing fabrics and planning your project to stitching and embellishing. With the holidays coming up, make a present for that special someone! ***All levels of sewing experience welcome—no experience necessary!*** ***Machines and materials provided.***



Tuesdays, Nov. 5 - Dec. 10
GMS, 3:30 – 4:45 pm
Fee: \$75

Sounds of Silence (An American Sign Language Class)

Instructor: Robin Sidders

Let the FUN begin! The Sounds of Silence program is excited to enter its ninth year with Cumberland Rec! This fall's SOS program includes not only American Sign Language classes in which students will learn sign language skills and develop an awareness of deaf culture, but will also have optional performance opportunities that help students build confidence and self-esteem.

Highlights this fall include various holiday performances in the community (past years have included performances at LL Bean and The Cumberland Christmas Tree lighting event)! The session will conclude with a celebration performance for family and friends in mid-December. In order to provide an excellent program, enrollment will be limited (first come, first served).

“My son has gained a great grasp on ASL, but the ramifications have been much greater. His self confidence has sky rocketed!”

“I can’t say enough good things about SOS and Mrs. Sidders. My daughter is happy and engaged and learning so much.”

—Parents of previous students

ELEMENTARY CLASS - Grades 3-5

Tuesdays, Sept. 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 19, 26, Dec. 3, 10, 17
MIW Music Room, 3:30 – 5:00pm
Fee: \$225, includes 14 classes/various performances
Minimum 10 students

MIDDLE SCHOOL CLASS - Grades 6-8

Thursdays, Sept. 12, 19, 26, Oct. 3, 10, 17, 24, Nov. 7, 14, 21, Dec. 5, 12, 19
Greely Middle School (Room 102), 2:30 – 4:00pm
(Late Bus transportation available)
Fee: \$225, includes 14 classes/various performances
Minimum 10 students

Youth Enrichment



Kudos to Kiddos Scrumptious Smoothies

Instructor: Theresa Cameron Raymond
Grades K-5

You are invited to join Mrs. TCR for a series of peaceful fall afternoons to slice 'n dice fruits and veggies as we create refreshing smoothies to nourish and cool us down! Recipes may include Berry Banana Blasters and Kiwi Kale Kraze. We will publish a Book, Cook 'n Craft Scrumptious Smoothies Cookbook! Recipes may include gluten, nuts and dairy. These cheerful, creative afternoons together will be a wonderful way to stay connected to new and old friends. Come join us!

Tuesdays, Sept. 17, 24, Oct. 1, 8, 15, 22
MIW Room D6, 3:30 – 4:45pm
Fee: \$98
Min/Max: 13/25

Kudos to Kiddos Mouthwatering Marvelous Muffins

Instructor: Theresa Cameron Raymond
Grades K-5

You are invited to join Mrs. TCR for peaceful fall afternoons to make warm and yummy muffins from scratch! Recipes may include Chocolatey Pumpkin Muffins and Strawberry Rhubarb Mini Muffins, and we will publish a Book, Cook 'n Craft Mouthwatering Marvelous Muffins Cookbook! Recipes may include gluten, nuts and dairy. These cheerful, creative afternoons together will be a wonderful way to stay connected to new and old friends. Come join us!

Thursdays, Sept. 19, 26, Oct. 3, 10, 17, 24
MIW Room D6, 3:30 – 4:45pm
Fee: \$98
Min/Max: 13/25

Creative Holiday Crafts

Instructor: Theresa Cameron Raymond
Grades K-5

As this special holiday season draws near, are you yearning to get started on those treasures for Grandma and Grandpa? If you enjoy making thoughtful handmade gifts, come join Mrs. TCR and fellow artists as we create stunning treasures and food treats for friends and family members. Recipes may contain gluten, nuts and dairy. Projects will be uniquely designed by your creative hands, and will be whimsical gifts for your home or to give to others. Come join us!

Tuesdays, Nov. 5, 12, 19, Dec. 3, 10, 17
MIW Room D6, 3:30 – 4:45pm
Fee: \$98
Min/Max: 13/20

Kudos to Kiddos Let's Get Cookin' Class Savory Soups

Instructor: Theresa Cameron Raymond
Grades K-5

We all love living in Maine especially on a wintry day and the comforting aroma of soup simmering on the stove. Come join Mrs. TCR for 6 weeks of nutritious and delicious home cooking and creativity. Recipes may contain gluten, nuts and dairy. This fun-filled cooking class will encourage reading, math and collaboration as we work together to make several hearty soups that can easily be prepared at home. Chefs will make a Let's Get Cookin' ~Savory Soups Cookbook chalked full of recipes and student art. Sign up early as sessions fill quickly. Let's get cooking!

Thursdays, Nov. 7, 14, 21, Dec. 5, 12, 19
MIW Room D6, 3:30 – 4:45pm
Fee: \$98
Min/Max: 13/20



Youth Enrichment

Babysitter's Training

Ages 11–14

Instructor: Gail Platts

Children will learn about the responsibilities of becoming a baby-sitter. Topics include the business of babysitting, emergency procedures and basic first aid, child care, amusement of children and more. Upon completion of this course, participants will receive American Red Cross Babysitting certification. **Full attendance is mandatory to obtain certificate. Bring a bag lunch! Space is limited to 14.**

Choose One:

Session I: Saturday, Sept. 14

Session II: Saturday, Dec. 7

Town Hall Council Chambers, 9:00 – 4:00pm
Fee: \$75/85 Non-Resident (*includes new updated materials*)

Note: No refunds or switching on this program unless there are participants on a wait list

Mad Science Programs BRIXOLOGY & ENGINEERING

The Mad Science BRIXOLOGY Program sets the foundation for our next generation of makers! This program is unlike any Bricks program your child has ever done! Kids learn about different types of engineering and then team up to construct a different engineering-themed project using LEGO® bricks. They learn about aerospace engineering while assembling a space station. They explore mechanical engineering as they build boats and vehicles. That's not all, from carnival rides to drawing machines, mechanical animals to truss bridges, your future engineer will build upon their creativity to solve real-world design challenges, while developing their problem-solving and team-building skills. Let the tinkering begin!

Mondays, Sept. 30 – Dec 2 (No class 10/14 & 11/11)
Wilson Art Room, 3:30 – 4:35pm
Fee: \$115

Mommy & Me Music and Movement

Ages 4 months to 4 years

Instructor: Jennifer Gifford

We'll move, groove, wiggle and giggle! Exercise fun for the toddler and parent/caregiver! This class will help develop a child's fine and gross motor skills, visual-auditory awareness, rhythm, socialization, strength and flexibility. We will enjoy musical instruments, ball play, finger play, parachute, puppets and more!

Note: Parent/caregiver participation is required.

Wednesdays, Oct. 30 – Nov. 20
Prince Memorial Library, 9:15am
Fee: \$35/\$45 Non-Resident

Piano Lessons Classy Piano Experiences

Grades 1 and up

Instructor: Martha Smith

Have you ever thought "I love music and I'd like to try out playing piano"? Well here's your chance to "try it on for size". Discover your hidden musical talents as we explore notes, note values and rhythms to get you started learning some simple tunes (even create your own melodies!). Maybe you'll decide to go further once you experience the joy and excitement of making music. A fun and interactive time in an encouraging, supportive environment is guaranteed for all. Come fall in love with the piano!

A piano or keyboard to use for practice between classes is recommended but not required.

Thursdays, Nov. 7- Dec. 5 (No class 11/28)
MIW Music Room
Intro to Piano: 3:30pm OR 4:00pm
Intermediate Piano: 4:30pm OR 5:00pm
Fee: \$65/\$75 Non-Resident
Maximum 4 students per session

Youth Dance Programs



Fall Dance Programs

At Cumberland/North Yarmouth Recreation with Brio Dance Studio

Hip Hop Dance Class

Leader: Julie Wilkes, Director of Brio Dance Studio

This class is for the active and enthusiastic dancer. Each 45 minute class will include warm up, conditioning, stretching, individual, group, and partner dancing. This class will teach students beginning hip hop moves, dance class etiquette, how to improvise while dancing, and how to work with a group all while using fun, age appropriate music! This co-ed class welcomes all beginning dancers. Be ready to have fun and work hard in this fast paced class!

Requirements: Please send your dancer in comfortable clothes they can move in and sneakers. No jeans please.

Session 1: Thursdays, Sept. 12 - Oct. 17

Session 2: Thursdays, Oct. 24 - Dec. 12
(No class 10/31 or 11/28)

Time/Location: 3:45–4:30pm at West Cumberland Hall

Grades: K–3 **Fee:** \$60 per 6-week session

Min/Max: 5/15

Ballet/Tap

Leader: Julie Wilkes, Director of Brio Dance Studio

Ballet is the foundation of most other dance styles and is a great addition to those dancers who want to gain flexibility and focus. This class is a foundation for dancers wanting to take contemporary, modern, or jazz classes. For the tap portion, dancers will work on rhythm, rudiments, basic tap skills, using different parts of their feet, and more.

Requirements: Please send your dancer in a leotard and tights. Dance skirts are permitted, but not required. All dancers will be required to have pink leather or canvas ballet slippers and tap shoes. Please contact Julie at briodancestudio@gmail.com with any tap shoe questions. Hair should be pulled out of the dancer's face and in a bun.

Session 1: Thursdays, Sept. 12 - Oct. 17

Session 2: Thursdays, Oct. 24 - Dec. 12
(No class 10/31 or 11/28)

Time/Location: 5:15–6:15pm at West Cumberland Hall

Grades: K–2 **Fee:** \$60 per 6-week session

Min/Max: 5/15

Pre-School “Spinning Sprouts”

Leader: Julie Wilkes, Director of Brio Dance Studio

Come explore the art of dance with Brio Dance Studio in our Spinning Sprouts Class! Your dancer will be taught basic ballet, basic tap, and creative movement steps. Each class will incorporate music, props, group and partner dancing, and individual attention. Dance encourages self-confidence, balance, and coordination to aid in the development of your child. All sprouts are welcome! Please note that parents and visitors will be asked to wait in the lobby during class time.

Requirements: Each student will need to bring a pair of socks or flexible shoes and dress shoes (for tap technique) to every class. Ballet and tap shoes are recommended, but not required. Please send your dancer in comfortable clothes they can move in. No jeans please. All dancers must be potty-trained.

Session 1: Thursdays, Sept. 12 - Oct. 17

Session 2: Thursdays, Oct. 24 - Dec. 12
(No class 10/31 or 11/28)

Time/Location: 4:30–5:15 pm at West Cumberland Hall

Ages: 3–5 **Fee:** \$60 per 6-week session

Min/Max: 5/15

Pre-School “Bouncing Buds”

Leader: Julie Wilkes, Director - Brio Dance Studio

Come explore the art of dance with Brio Dance Studio in our Bouncing Buds Class! This class is created for the young dancer and incorporates pre-ballet and creative movement steps. Each class will include music, props, group and partner dancing, individual attention, and lots of fun! Please note that parents and visitors will be asked to wait in the lobby during class time.

Requirements: We will dance barefoot in this class. Please send your dancer in comfortable clothes they can move in. No jeans please.

Session 1: Fridays, Sept. 13 - Oct. 18,

Session 2: Fridays, Oct. 25 - Dec. 6
(No class 11/29)

Time/Location: 10–10:30am at West Cumberland Hall

Ages: 2–3 **Fee:** \$50 per 6-week session

Min/Max: 3/8

Family Fun / Youth Enrichment

Pumpkin Carving for Kids

Join us for a fun filled evening of pumpkin carving! Carve your very own Jack-O-Lantern using stencils or free hand. Halloween music, snack, and all materials will be provided. Parents are encouraged to join in the fun with their child.

Friday, October 25, 6:00 – 7:00pm

MIW MPR

Fee: \$10 / Child, *includes all materials and pumpkin*

FAMILY Bingo Night

Bring the family and head over to the MIW MPR for an evening of Bingo! We will have refreshments and a fabulous prize table that will please all ages! Cards and markers are provided. Children under the age of 10 must be accompanied by an adult. Pre-registration is required.

Friday, Nov. 1, 6:00 – 7:30pm

MIW MPR

Fee: \$7 / Person



SAVE THE DATE

6th Annual Daddy/Daughter Dance

Saturday, March 14, 2020

Tae Kwon Do

Instructor: Jake Daniels

Tae Kwon Do is a great way to become physically and mentally fit while having fun! Learn valuable life long skills - respect, self-confidence, and courage, all while practicing self-defense techniques. Great introduction to the Martial Arts while incorporating fun games and drills! Free uniform for your first session!

Session 1: Wednesdays, Sept. 4 – Oct. 30

Session 2: Wednesdays, Nov. 13 – Jan. 29
(No class 11/27, 12/25 or 1/1)

Time: Beginners: 5–5:45pm / Advanced: 6–6:45pm

Location: WCCH

Fee: \$85/\$95 Non-Resident

Taught by SaBumNim Jake Daniele 4th Degree Black Belt who has been training in Freeport for over 20 years (since he was 5). SaBumNim Jake has multiple Maine and New England Championships.

Mother/Son Hockey Night with the Maine Mariners

Mothers bring your son out for a fun filled night of Maine Mariners hockey action at the Cross Center Arena. We will meet in the Greely Middle School cafeteria for a pizza party before heading into town to check out our new professional hockey team. Leave the planning to us, sit back, relax, and enjoy some one-on-one time with your favorite little man. *Grandmothers, aunts or family friends are always welcome.*

Cost includes pizza, transportation and tickets.

Saturday, Nov. 16 from 5–9pm

Greely Middle School Cafeteria

Fee: \$35 / ticket

Each person in your party must register & includes a pizza party.

