

Coastal Running League Practice & Meet Schedule
Cumberland/N. Yarmouth Recreation Fall 2021
Head Coach: Vanessa Bryant bryantjvs@gmail.com

All Practices will be at Twinbrook Recreation Area – Second Parking Lot

Monday Sept. 13th Practice 3:30 - 4:45

Wednesday Sept. 15th NO PRACTICE

Friday Sept. 17th Practice 3:30 – 4:45

Monday Sept. 20th Practice 3:30 – 4:45

Wednesday Sept. 22nd Meet 4:15pm – HOME (Twin Brook Rec)

(No Transportation from Wilson School to Twin Brook) Yarmouth, Pownal, Portland, Holy Cross

Friday Sept. 24th Practice 3:30 - 4:45

Monday Sept 27th Practice 3:30 - 4:45

Wednesday Sept. 29th Meet 4:15pm– @ Yarmouth Pratts Brook Park)

(No Transportation to Away Meet) Yarmouth, Chewonki, Friends School & St. Brigid

Friday Oct. 1st Practice 3:30 - 4:45

Monday Oct. 4th Practice 3:30 - 4:45

Wednesday Oct. 6th Meet 4:15pm –@ Yarmouth (Pratts Brook Park)

(No Transportation to Away Meet) Yarmouth, Friends School, St. Brigid & Topsham

Friday Oct. 8th NO PRACTICE INSERVICE DAY (No School)

Monday Oct. 11th NO PRACTICE COLUMBUS DAY

Wednesday Oct 13th Meet 4:15pm – HOME (Twin Brook Rec)

Bus Departs from Wilson School at 3:45 Scarborough, Cape, Portland, Friends School & St. Brigid

Friday Oct. 15th Practice 3:30 – 4:45

Saturday Oct. 16th Championship Meet (1pm) TWIN BROOK RECREATION AREA

Monday Oct. 18th End of the Season Games & Celebration 3:30-4:45pm

Distances of competition: 1st/2nd Grade - half mile; 3rd/4th Grade - ¾ mile ; 5th/6th Grade- 1 mile

Practices will start at 3:30pm and conclude at 4:45pm at Twin Brook Rec. Area, second parking lot.

Cancellations: - Because of rain we will be announcing at school prior to dismissal.

Parents may also call the Recreation Office after 12:00pm (829-2208) or check our Web site at

www.cumberlandmaine.com

For more information about the schedule please see coaches or call the Recreation Office (829-2208)