

# Coastal Running League Practice & Meet Schedule Cumberland/N. Yarmouth Recreation Spring 2018

Head Coaches: Peter & Christine Hein [cnyrunning@gmail.com](mailto:cnyrunning@gmail.com)

**All Practice will be at Twinbrook Recreation Area – Second Parking Lot**

Monday	April 23 <sup>rd</sup>	Practice	3:30-4:45pm
<b>Wednesday</b>	<b>April 25<sup>th</sup></b>	<b>NO PRACTICE</b>	
Friday	April 27 <sup>th</sup>	Practice	3:30– 4:45pm
Monday	April 30 <sup>th</sup>	Practice	3:30– 4:45pm

**Wednesday May 2<sup>nd</sup> Meet 4:15pm – HOME (Twin Brook Rec)**  
(No Transportation from Wilson School to Twin Brook) **Yarmouth, Falmouth, St. Brigid, Friends School**

Friday	May 4 <sup>th</sup>	Practice	3:30- 4:45pm
Monday	May 7 <sup>th</sup>	Practice	3:30- 4:45pm

**Wednesday May 9<sup>th</sup> Meet 4:15pm – HOME (Twin Brook Rec)**  
(No Transportation from Wilson School to Twin Brook) **Brunswick, Scarborough, Freeport, Pownal, Friends School**

Friday	May 11 <sup>th</sup>	Practice	3:30- 4:45pm
Monday	May 14 <sup>th</sup>	Practice	3:30- 4:45pm

**Wednesday May 16<sup>th</sup> Meet 4:15pm– @ SCARBOROUGH (Pine Point)**  
(Bus Departs from Wilson @ 3pm) **St. Brigid, Cape Elizabeth**

Friday	May 18 <sup>th</sup>	Practice	3:30- 4:45pm
Monday	May 21 <sup>st</sup>	Practice	3:30- 4:45pm

**Wednesday May 23<sup>rd</sup> Meet 4:15pm –@ FREEPORT (Winslow Park)**  
(Bus departs from Wilson School @ 3:15pm) **Wiscasset, Chewonki**

<b>Friday</b>	<b>May 25<sup>th</sup></b>	<b>NO PRACTICE</b>	<b>MEMORIAL DAY WEEKEND</b>
<b>Monday</b>	<b>May 28<sup>th</sup></b>	<b>NO PRACTICE</b>	<b>MEMORIAL DAY WEEKEND</b>
Wednesday	May 30 <sup>th</sup>	Practice	3:30- 4:45pm
Friday	June 1 <sup>st</sup>	Practice	3:30– 4:45pm

**Saturday June 2<sup>nd</sup> All League Meet (1pm) TWIN BROOK RECREATION AREA**

Monday	June 4 <sup>th</sup>	Final Practice & Awards (3:30-4:45pm)
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**Distances of competition:** 1<sup>st</sup>/2<sup>nd</sup> Grade - half mile; 3<sup>rd</sup>/4<sup>th</sup> Grade - ¾ mile ; 5<sup>th</sup>/6<sup>th</sup> Grade- 1 mile

Practices will start at 3:30pm and conclude at 4:45pm at Twin Brook Rec. Area, second parking lot.

Away meets - May 16<sup>th</sup> Bus will leave from Wilson bus circle at 3pm, returns @ 6:15pm  
May 23<sup>rd</sup> Bus will leave from Wilson bus circle at 3:15pm, returns @ 5:45pm

Cancellations: - In the event of rain we will be announcing at school prior to dismissal.

Parents may also call the Recreation Office after 12:00pm (829-2208) or check our Web site at [www.cumberlandmaine.com](http://www.cumberlandmaine.com)

**For more information about the schedule please see coaches or call the Recreation Office (829-2208)**