

Youth Enrichment



Sounds of Silence (An American Sign Language Class)

TWO CLASSES OFFERED:

ELEMENTARY CLASS: GRADES 3-5

MIDDLE SCHOOL CLASS: GRADES 6-8

The Sounds of Silence plans to continue this winter! The SOS program includes not only American Sign Language classes in which students will learn sign language skills and develop an awareness of deaf culture, but also optional performance opportunities that help students build confidence and self-esteem. While SOS is dedicated to helping new students learn the basics of the language, returning students will also be given new and fun challenges.

Performances this winter includes The National Anthem at a Portland Red Claws game! The session will conclude with a celebration performance for family and friends in early April. In order to provide an excellent program, enrollment will be limited (first come, first served).

"My son has gained a great grasp on ASL, but the ramifications have been much greater. His self confidence has sky rocketed!"

"I can't say enough good things about SOS and Mrs. Sidders. My daughter is happy and engaged and learning so much."

—Parents of previous students

Specifics for each class:

ELEMENTARY CLASS:

- Tuesdays after school, 3:35–5:00 pm
- Grades 3-5
- Location: MIW Music Room
- Dates: 1/24, 1/31, 2/7, 2/14, 2/28, 3/14, 3/21, 3/28, 4/4, 4/11
- Class Minimum: 10 students
- Fee: \$145, includes 10 classes & performances

MIDDLE SCHOOL CLASS:

- Mondays after school, 2:35–4:00 pm
- Grades 6-8
- Location: Greely Middle School (Room 102)
- Late Bus transportation available
- Dates: 1/23, 1/30, 2/6, 2/13, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/10
- Class Minimum: 10 students
- Fee: \$160, includes 10 classes & performances

Hodge-Podge

Instructor: Tiffany Mills and staff

A little bit of this, a little bit of that! And a whole lot of fun! Join us on Early Release Wednesday afternoons for a bunch of activities from games to crafts to experiments. Each week will have a theme based activity in addition to games and projects. Children will enjoy the variety! **PROGRAM LIMITED TO FIRST 30 PARTICIPANTS.**

Dates & Times: Early Release Wednesdays

January 11, 25, February 1, 8, March 1, 8, 15, 22, 29, April 5, 12:15–5:00 pm

Participants enrolled in this session will be eligible to attend Holiday Week Vacation Camp.

Location: MIW

Grades: K-3

Fee: \$220

Max: 30

Sew Wicked Fun!

Learn basic sewing skills while making fun projects. We will both hand-stitch and machine-stitch a variety of projects that may include pillows, treasure bags, bean bag games, and more. Explore the art of sewing from choosing fabrics and planning your project to stitching and embellishing. Taken this class already? There will be NEW PROJECTS! All levels of sewing experience welcome. No experience necessary. Machines and materials provided.

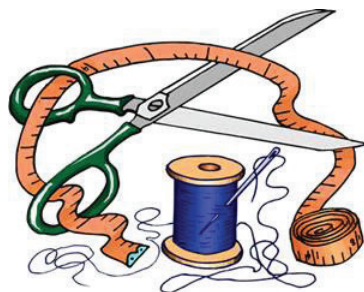
Dates & Times: Mondays, March 6 - April 10, 3:30–4:45 pm

Locations: GMS

Grades: 4-5

Fee: \$75

Min/Max: 4/8





Youth Enrichment

“Little Stars” Creative Drama

Instructor: Jennifer Gifford

A drama class focused on FUN! Come build creative thinking, confidence, self-esteem, speaking and acting skills through movement, improv, voice and characters! This creative journey will include dramatic play, story enactment, imagination, exploration, theatre games, music dance and more!

Dates & Times: Fridays, March 3 - 24, 3:15–4:15 pm

Location: Wilson MPR

Grades: K-3

Fee: \$60 Res / \$70 Non-Res

Mommy and Me Music and Movement

Instructor: Jennifer Gifford

We'll move, groove, wiggle and giggle! Exercise fun for the toddler and parent/caregiver! This class will help develop a child's fine and gross motor skills, visual-auditory awareness, rhythm, socialization, strength and flexibility. We will enjoy musical instruments, ball play, finger play, parachute, puppets and more!

Note: Parent/caregiver participation is required.

Dates & Times: Wednesdays, March 8 -29, 9:15–10:00 am

Location: Prince Memorial Library

Ages: 4 Months - 4 Years

Fee: \$35 Res / \$45 Non-Res



Kiddie Gym

Kiddie Gym is the perfect way for your toddler to beat the winter boredom blues. We will have multiple activity sites including mats for tumbling, and a variety of balls and other games in the newly refurbished West Cumberland Community Recreation Hall.

All toddlers must be accompanied by a “participating” adult. This program is not structured, but rather an opportunity for a change of scenery and some “new toys” and friend to play with!!

Dates & Times: Fridays, 9:00–11:00 am

Program runs through the end of April. *Kiddie Gym will be closed on days that school is not in session.*

Location: West Cumberland Community Hall

Fee: \$2/toddler per visit

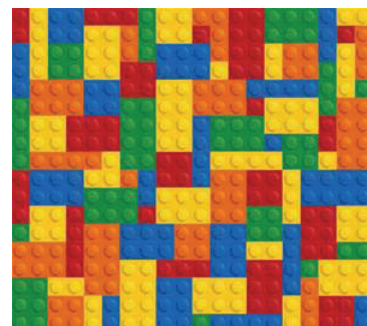
Brick By Brick Lego Oceanic Fun!

Join us during the winter class as we dream about summer and time spent at the beach! Weekly builds will include a lazy lobster, a fierce shark and a cozy sailboat. After reading a story related to the build of the week, each student will complete his/her own Lego project. The class will end with a creative, free building time with a huge tub of Lego bricks!

Dates & Times: Fridays, March 3 - April 7, 3:30–4:30 pm

Location: Mabel I Wilson Art Room

Fee: \$65 (6 weeks)



Youth Enrichment



Introduction to LEGO® Robotics and MindStorms Software

Presented by Maine Robotics

Take this opportunity to become an instant veteran of the LEGO robotics system! This basic workshop is designed to cover getting familiar with using the LEGO MindStorms kit. Children will build a LEGO Robot and modify it during the day to complete different tasks. The software environment is 100% graphic and allows you to build a flow chart styled program that controls the robot. This year's theme is NATURE'S FURY and focuses on issues relating to hurricanes, storms, floods, tsunamis, earthquakes, tornadoes, and volcanic eruptions! It's all about brainstorming, creativity, and teamwork.

Dates & Times: Saturday, March 25, 9:00–3:30 pm

Location: Town Hall Council Chambers

Ages: 9-14 (Adults are welcome to register too!)

Fee: \$60 Res / \$70 Non-Res (Includes all materials)

Min/Max: 12/20

Babysitter's Training

Instructor: Gail Platts

Children will learn about the responsibilities of becoming a baby-sitter. Topics include the business of babysitting, emergency procedures and basic first aid, child care, amusement of children and more. Upon completion of this course, participants will receive American Red Cross Babysitting certification. Full attendance is mandatory to obtain certificate.

Note: No refunds or switching on this program unless there are participants on a wait list.

Choose one:

Session 1: Saturday, March 4, 9:00–4:00 pm

Session 2: Saturday, May 6, 9:00–4:00 pm

Location: Town Hall Council Chambers

Ages: 11-14, must be 11 by class day

Fee: \$70 Res / \$80 Non-Res, includes new updated materials! Bring a bag lunch!

Max: 14

Cartooning - Back by Popular Demand!

Instructor: Nancy Cooper

Come Join the fun! Learn how to draw your favorite cartoon characters and create your own. We will explore different techniques: movement, expression, shading, perspective and dialogue. Then you will have an opportunity to try these concepts in your own cartoons. Let your imagination go wild this winter

Dates & Times: Mondays, January 9 - February 27
(No class January 16 & February 20), 3:30–4:45 pm

Location: Mrs. Cooper's Room - MIW

Grades: 1-3

Fee: \$70

Max: 20

Intro to Piano - Classy Piano Experiences

Instructor: Martha Smith

Have you ever thought "I love music and I'd like to try out playing piano"? Well here's your chance to "try it on for size". Discover your hidden musical talents as we explore notes, note values and rhythms to get you started learning some simple tunes (even create your own melodies!). Maybe you'll decide to go further once you experience the joy and excitement of making music. A fun and interactive time in an encouraging, supportive environment is guaranteed for all. Come fall in love with the piano! A piano or keyboard to use for practice between classes is recommended but not required. *Martha Smith has taught piano to hundreds of children and adults over the course of her 16 year career. She is a popular instructor in the area.*

Dates & Times:

Intro to Piano: 3:30–4:00 pm

Intermediate Piano: 4:30–5:00 pm

Session 1: Thursdays, January 14 - February 4

Session 2: Thursdays, March 17 - April 7

Location: MIW music room

Grades: 1+

Fee: \$60 Res / \$70 Non-Res

Max: 4 students per session



Youth Enrichment

Mad Science Programs - The world's leading FUN science provider

Session 3: Radical Robots!

Mad Science Staff

Robotics has never been this exciting! The applications of robotics is all around us and we invite girls and boys to discover first-hand the design, construction, and application of modern-day robotics. Through the integration of exciting modular robotics learning systems and various types of robots children will discover how robotic devices use sensors to learn about their environment and how people use robots to get work done. Explore the mechanical aspects of robots, circuitry, and programming. Discover circuits using squishy conductive dough and snap together circuit-board modules to perform exciting functions. Spend a class navigating programmable robots through obstacle courses. Children will have the opportunity to build their very own robot to take home with them. Mad Science has spent years developing robotics programs for elementary students; we can confidently say that we have robotics down to a science!

Dates & Times: Mondays, January 23 - March 6
(No class February 20), 3:30–4:35 pm

Location: Wilson Art Room

Grades: K-3

Fee: \$85 Res / \$95 Non-Res

Learn to Ice Skate!

Group Skating Lessons for ages 3 and up.

North Atlantic Figure Skating Club

Family Ice Center, Falmouth

Thursdays; Starting January 5th, 2017, 4:00–7:00 pm
(exact skating time depends on age and level)

Saturdays; Starting January 7, 2017, 8:00–8:50 am

FOR MORE INFORMATION

Visit www.northatlanticfigureskating.org or call
Skating Director Deb Coppinger (207-781-5058),
nafscskatingdirector@gmail.com

Enjoy public ice skating at the Family Ice Center in Falmouth all winter long! For a schedule of times and rates for both indoor and outside skating please visit www.familyice.org. Rental skates are available!

Little Lions Yoga and Movement

Instructor: Trish Baird - Certified Child Yoga Instructor

Using music, songs, stories and age appropriate yogic philosophy, Trish of Off the Mat will create a fun and unique yoga class for your 3-5 year old. Yoga has been shown to increase motor skills, impulse control, verbal skills and social skills. Yoga also gives your child a sense of control over their body and allows them to practice ownership over their feelings. No experience is necessary.

This is a non-parent participation class so make sure your little one is comfortable playing without you and can listen to and follow basic instructions.

Dates & Times: Wednesdays, 9:15–10:00 am

Session 1: January 11, 18, 25, February 1

Session 2: February 8, 15, 22, March 1

Session 3: April 5, 12, 19, 26

Location: West Cumberland Hall

Ages: 3-5

Fee: \$44 Res / \$54 Non-Res

Homework Club

Instructor: Emily Curtis

Join us after school where kids can get their homework done and have fun at the same time! We will meet and enjoy a healthy snack, which is provided, as well as a small break before diving into our homework. Everyone will bring their “just right” reading books as well as any other homework that they might have. Once finished they will have a chance to play a game, craft, or another fun activity. This will be a great opportunity to get some homework done as well as have fun!

Dates & Times: Mondays/Tuesdays/Thursdays,
January 3 - April 13 (41 Meeting Dates),
3:30–5:00 pm

Location: MIW, Allison Fluet's Room

Grades: 1-3

Fee: \$399 per participant*

Min/Max: 5/10

***NEW for the Winter Session** - You may purchase a punch card to use when needed. Cards will be 10 punch and available for \$150. Cards are non-refundable.